

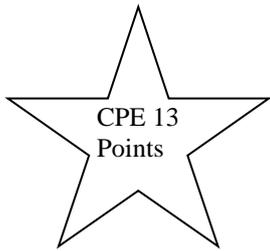
Society of Professional Social Workers (Inc)

PO Box 6573, East Perth, Western Australia 6892

www.spsw.net.au

ABN 90 404 582 393

Workshops and events presented by SPSW are open to all human service workers



WHAT HAPPENED TO YOU?

An emerging model challenging the "what's wrong with you?" paradigm

Presented by

DR BILL SAUNDERS, CLINICAL PSYCHOLOGIST

FRIDAY, 26TH MARCH, 2021

Department for Child Protection and Family Support

Mason Bird Building,

303 Sevenoaks St, Cannington

8:45 am – registration for 9:00 am prompt start – 4:30 pm

Parking directions supplied with registration confirmation

Morning/Afternoon Tea and Lunch Provided

Government restrictions and social distancing will be observed as required

SPSW is delighted to present this new workshop with Dr Bill Saunders. Dr Saunders is a very experienced Clinical Psychologist who has been an academic and clinician specialising in addiction studies, plus a head of psychotherapy and director of a private psychiatric facility that managed 'co-occurring' drug and mental health problems.

Psychiatry is based on the diagnosis and treatment model. In this new perspective there is no diagnosis; only understanding. The use of psychotropic medication is minimised or avoided altogether and the 256 purported mental health disorders are replaced by one common understanding; "what happened to you to make you be like this?" This paradigm, known as the trauma informed approach, is steadily replacing the hegemony of psychiatry and opens up the possibility of cheaper, more effective and more accessible services. Want to know more? Then come to the What Happened?" workshop "and be involved in creating better mental health care.

On completion of the workshop participants will have an enhanced understanding of :

- the limitations of the traditional What's wrong with you? psychiatric model of mental health care;
- the importance of a What Happened? trauma informed perspective;
- the impacts of adverse childhood experiences;
- how to measure adverse childhood experiences; and
- how to better manage the impacts of adverse childhood experiences.

As anyone who has ever attended one of Bill's workshops, they are always informative and fun

Book early to avoid disappointment

Please see accompanying registration form to register early to prevent disappointment as SPSW workshops are generally over subscribed

All welcome - SPSW workshops and events are open to all human service workers