



Society of Professional Social Workers (Inc)

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www.spsw.net.au

ABN 90 404 582 393

UNDERSTANDING AND MANAGING DEPENDENCE

IS ADDICTION A NORMAL HUMAN BEHAVIOUR?

Presented by

DR BILL SAUNDERS, CLINICAL PSYCHOLOGIST

FRIDAY, 18TH SEPTEMBER, 2020

8.45am registration for 9.00am start - 4.30pm

Centrecare

2302-2308 Albany Hwy,

Gosnells WA 6110

FREE PARKING ON SITE AND ACROSS THE ROAD. PUBLIC TRANSPORT AVAILABLE

Morning/Afternoon Tea and Lunch Provided

Government restrictions and social distancing will be observed as required



SPSW is delighted to present this new workshop with Dr Bill Saunders. Dr Saunders is a Clinical Psychologist in almost retirement. In previous lives he has been an academic specialising in addiction studies, a clinician running alcohol and other drug services plus a head of psychotherapy and director of a private psychiatric facility that managed 'co-occurring' drug and mental health problems. As anyone who has ever attended one of Bill's workshops, know they are always informative and fun.

Much fuss is made about addiction, viz: alcohol addiction, shopping addiction, sexual addiction, cocaine addiction, Facebook addiction, methamphetamine addiction, internet addiction and even Game of Thrones addiction. In this workshop an alternative paradigm that dependence is a normal part of human behaviour will be proposed.

This workshop will provide you with the opportunity to:

- *Explore the nature of addiction through an amalgam of clinical examples, personal experience, some music and research;*
- *Observe and practice clinical strategies; and*
- *Examine your own reliance on things and the challenging process of 'giving up' those things upon which we rely*

The aim of this workshop is for participants to feel enabled to assist anyone attempting to give up their 'addictive' behaviours

Book early to avoid disappointment

Please see accompanying registration form to register early to prevent disappointment as SPSW workshops are generally over subscribed

All welcome - SPSW workshops and events are open to all human service workers